

Individual Health Care Plan for Asthma

This form to be used for any child who has asthma. It must be signed by a Health Care Professional.

Plan must be renewed annually or when child's condition changes

Check all that apply...

Plan was created by:

Parent / Guardian
 Doctor or Licensed Practitioner
 Other _____

Plan is maintained by:

Co -Director _____
 Office Administrator _____
 Other _____

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Child's name _____ D.O.B. _____ Date _____

Name of chronic health care condition:

Asthma

Description of chronic health care condition requiring an **INHaler**: Check one

seasonal asthma caused by _____ exercise induced asthma
 asthma caused by allergy to _____ other _____

Symptoms:

coughing, wheezing, shortness of breath, tightness in chest, _____

Medical **treatment** necessary while at the program:

puffs of _____ every _____ hours
 other _____

Potential **side effects** of treatment:

increased heart rate, shakiness, headache,

Potential **consequences** if treatment is not administered:

Respiratory distress or failure

Name of Licensed Health Care Practitioner (please print): _____

Licensed Health Care Practitioner authorization: _____ Date: _____

Parental / Guardian consent _____ Date: _____

Name of staff who received training addressing the medical condition:

Name of person (child's health Care Practitioner, child's parent, program's health care consultant) who trained the staff:

Child's Parent

For Older Children ONLY (9+ years of age) who have permission to carry their own medication:

With written parental consent **and** authorization of a licensed health care professional, this IHCP permits older school age children to carry their own inhaler and/or EpiPen and use them as needed without the direct supervision of an ASC staff member. The inhaler / EpiPen will be stored in a zippered section of the child's backpack.

The staff members are aware of the contents and requirements of the child's IHCP specifying how the inhaler or EpiPen will be kept secure from access by other children in the program. Whenever an IHCP provides for a child to carry his own medication, the licensee must maintain on-site a back-up supply of the medication for use as needed. Back up medication received? YES NO

The child named above, age _____ has permission to carry and self administer his INHALER EPI-PEN

Licensed Health Care Practitioner signature: _____ Date: _____

Parent/Guardian signature _____ Date _____

ASC signature _____ Date _____

q=every, q4° = every 4 hours, BID = 2X a day, QID = 4 X a day, NOS=not otherwise specified, PO = by mouth, HS=night time,